

## San Francisco Contra Weekend Fri May 9 to Sun May 11, 2008

featuring

# Carol Ormand calling to the music of Lift Ticket

with SF Bay Area local favorites

## Lynn Ackerson and The Crabapples

Sign up now while space is available!

Karen @ (650) 691-9663 www.BACDS.org sfcw@bacds.org

Come dance with us in the City by the Bay! We're excited to offer San Francisco's first Contra Dance and Music Weekend: **Balance the Bay**. This non-residential urban weekend offers all the amenities of the city, with dancing and workshops in a relaxed, friendly and enjoyable environment.

Carol Ormand is a nationally acclaimed caller and dance composer from Madison, WI.

She is renowned for her great dance selections which she brings to life with a delightful energy. Her concise, yet relaxed teaching style makes even the most complex dances fun and easy.

**Lift Ticket** is one of the hottest contra fusion bands in this country. They weave together traditional tunes and new compositions into music that inspires dancers with a rare energy. **Rex Blazer** (fiddle) **CW Abbott** (mandolin) **Seth Houston** (piano and guitar) **Russell Shumsky** (percussion).

**Lynn Ackerson** calls nationally, and draws from her wide repertoire of contras and squares which she teaches with clarity and precision. She is a local favorite in the SF Bay Area and has been adopted as a local caller throughout

New England.

The Crabapples are a lively contra dance band from Monterey, CA and are known for playing traditional tunes

with a highly danceable spirit from a variety of genres. They have gathered an enthusiastic following up and down California's central coast. **Marta Lynch** (fiddle) **Norm Cotton** (piano, fiddle), **Bob Silberstein** (mandolin, piano, doumbek) **Sarah Springer** (bass, foot percussion)

#### Tentative Schedule

Friday ~6:30pm-11pm Registration & Mingling Evening Contra Dance

Saturday ~10:30am-11pm & beyond!

Advanced Contra Medley
Contra Dancing
Workshops
Dinner on Your Own
Evening Dance Theme Party
Dessert Social
Open Band & Open Caller Dance

Sunday ~11am-4pm

Waltzing & Couple Dances Advanced Contra Medley Final Contra Dance Party

see website for schedule updates

### San Francisco Contra Weekend - Balance the Bay

Full Name:	OM	<b>Couples</b> please submit registration form together. Please use a separate form fo each person.
Address:		Adulta, COE
City, State, Zip:		Adults: \$85 Students or under 25 y/o: \$55
Phone:		Kids under 12: free! Work/Trade Scholarship*: \$45 * call Karen (650) 691-9663 sfcw@bacds.org
Email:		T CHIDTE & TOTES
Name Tag:		T-SHIRTS & TOTES  see website for details
For the directory, please do not list my: □name □address □phone □email		Men (\$15): S M L XL
I will volunteer to help with:  □food □set-up □clean-up □desk-duty □whateve	Tote (dance	/omen (\$15): S M L XL e bag with strap & zipper) (\$15)
Shared Private Housing		Registration \$
I □NEED / □CAN PROVIDE housing for		T-Shirts/Totes \$
	ВА	CDS Donations \$
Men: # Women: # Couples: #		Grand Total \$
Shared beds for # Separate beds for # Floor space for #	Please mak San F	e check out to <b>BACDS</b> and mail to: Francisco Contra Weekend P. O. Box 391353
Comments Special Needs (allergies, etc):		ountain View, CA 94039

Visit www.bacds.org for hotel/motel and travel info. SF & Oakland airports have convenient public transit to SF.

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Come for the vacation-Stay for the Dance!

Armenian Community Center Hall 825 Brotherhood Way San Francisco, CA 94132 12mi N of SF Airport

More info is available at: www.BACDS.org Karen @ (650) 691-9663 sfcw@bacds.org

Presented by the Bay Area County Dance Society



Include an e-mail address or self-addressed stamped envelope for confirmation.