

San José English Country Dance

THIRD SUNDAYS, 2:30-5:00 PM

First Unitarian Church of San José

160 N. Third Street (across from St. James Park)

Season-opening party!
Sunday, September 18
Alan Winston and
Lise Dyckman calling to
Music by The Phoenix (William
Allen, Stanley Kramer, Susan
Kramer, Mary Tabor)



Skills workshop, 2:15 pm

- Could be basic skills for beginners, could include coaching on style... Beginners and experienced dancers alike will find something in these mini-workshops!

Bring friends!

- Dancing is great exercise, a great stress-reducer, and wonderful social fun. Bring friends to join the merriment!

What's English Country Dancing?

- You may have seen **English Country Dancing** in "Pride and Prejudice" and other Jane Austen movies. It ranges from stately and elegant to lively and raging with romance!
- No experience necessary – basics taught in the first few dances, so please come on time!
- No partner needed – come alone or with a friend. Switching partners is encouraged, and dances are gender-neutral. Dancers 10 and up are welcome.
- Dress – casual, cool comfortable clothing and clean soft-soled shoes – no boots or high heels please.
- Refreshments – Water provided; light potluck snacks welcome!
- Suggested Donation, \$10; members of FUCSJ or BACDS, \$8; Students/Low income, \$5; Supporters, \$12; Angels, \$15 and up – no one will be turned away for lack of funds.
- For more information about English Country Dancing, see bacds.org/newcomers.