

**What you can look forward to:**

## **Dancing**

Family Week is about the time-honored tradition of movement and music, and the camp will be filled with dancing for the whole family—we'll teach you all you need to know. There will be something for all ages, including English country dances, ceildh dances, contra dances, morris dancing, couple dances, and daily community dances that bring the entire camp together.

## **Music and Song**

Our enormously talented musical staff will make your toes tap for dancing and your ears happy in listening. They'll provide music for all kinds of dancing, lead workshops for new and experienced musicians, and lead the whole camp in joyous song.

## **Crafts**

Family Week offers many different craft classes to give adults and children a chance to be creative.

## **Storytelling**

Enjoy the eternal art of storytelling. Our storytellers will enchant children and adults alike with tall tales and bedtime stories each night.

## **Community**

In the end, Family Week is all about community—sharing music and song, relaxing together, and enjoying dance, play, and music making, catalyzed by an amazing staff and buoyed by friendships old and new. **Come join us ...**

**Web:** [www.bacds.org/familyweek](http://www.bacds.org/familyweek)

**E-mail:** [familyweek@bacds.org](mailto:familyweek@bacds.org)



**Our 20th Year!**



**BACDS**

# **Family Week**

**July 1–7, 2012 ❖ Sonora, CA**

**Dance, Storytelling & Crafts**

**Susan Michaels**

**Kalia Klivan**

**Bob Reid**

**Rhonda Cayford**

**Julie James**

**Jan & Norm Kidder**

**Lorraine Kostka**

## **Music & Tutorials**

**David Brown, Dave Courchaine,**

**Kathrine Gardner, Kathy Hirsh,**

**Frank Hoppe, David James,**

**Craig Johnson, Paul Kostka, Kit Nelson, Bobbi Nikles, Judy Stavelly**

**Denise Ladwig, catering**

**Nick Cuccia, sound**

# 2012 Staff

To learn more about our staff, check our website!

**DAVID BROWN** is a versatile instrumentalist, playing banjo, guitar, mandolin, and fiddle. He's been at the heart of the Bay Area old-time music community for over 30 years, and also has a deep love for Quebecois, English country dance (Playford Clawhammer, anyone?), string ragtime, and many other types of music.

**RHONDA CAYFORD** began folk dancing as a child and explored many different dance styles until she found her true love—rapper sword dancing. A member of Swords of Gridlock since 1987 and teacher with husband Randall at many camps, she finds nothing quite as satisfying as a good rapper set. After 2 years managing camp, Rhonda will be taking it easy as registrar this year (while Randall takes over as co-manager).

**DAVE COURCHAINE** joins the staff after many years as a camper. He's been playing bluegrass, old-time and contradance music in the Bay Area since the 1980s, and currently plays guitar with the Whiskey Brothers and Uncle Dave.

**NICK CUCCIA**—"But I *am* dancing! It's just that my partner is electronic and has a lot of knobs!" is how Nick responds when asked why he's listening to music instead of dancing. Nick's credits as sound engineer include BACDS and other events and camps too numerous to list.

**STAN FOWLER** is back again as our lifeguard. In the past, he's been our morris fool, contortionist, and camp archivist, when he's not on duty keeping the waters safe and fun for all.

**KATHRINE GARDNER** has delighted contra and English dancers with her fiddling since the mid-'80s. She flirts with the banjo and accordion and likes to sing. This year she is Programmer for Family Week.

**KATHY HIRSH** has played backup guitar since the '70s in Bloomington, IN, and then the Bay Area, with several local bands: the Dot Gals, Bad Mothers (with Bobbi Nikles), and the Amazons (with Kathrine Gardner). After living in Kathmandu and Beijing for many years, she's happy to be in Chicago, playing Irish mandolin (as well as old-time and klezmer) and making her living painting and teaching art.

**FRANK HOPPE** plays fiddle for contradances, and hosts the weekly bluegrass and old-time radio program *Bluegrass, Etc.*, (Sundays 6–9 on KCSN: [www.kcsn.org](http://www.kcsn.org)).

**DAVID JAMES** has spent time in western swing bands, symphony orchestras, and pop/rock bands. He's the musician for Wild Wood Morris (Border) and Rising Phoenix Morris (Cotswold), and a member of the ECD/contradance band Whirled Peas.

**JULIE JAMES** was an international folk dancer in her youth. She later found English country dance, then morris, and never looked back. In 2000 Julie formed Wild Wood Border Morris, where she focuses on teaching complex, fun dances with an emphasis on both precision and exuberance. This year she's stepping into the role of camp co-manager.

**CRAIG JOHNSON** has been on staff of many BACDS weekends and weeks, playing piano, guitar, and accordion and leading song. He's been to all but two of the Family Weeks, and looks forward to many more.

**ANNIE JOHNSTONE** has used poetry, story, art, play, authentic movement and sound to invite people little and big to express their

creativity in community for over twenty years. Her heart's food & best inspiration come from Nature and the Humor of Four-year-olds.

**NORM AND JAN KIDDER** Naturalists Jan Southworth-Kidder and Norm Kidder retired after 30+ years with the East Bay Regional Park District, where they were known for their hands-on approach to learning. They taught extensively about Monarch Butterflies, Habitat Gardening, Stone-age Living Skills, Ohlone Indian Culture and Historical Interpretation. They staged four voyages across the Bay in Ohlone style reed boats, built replica Ohlone Indian villages and the Coyote Hills Regional Park Nectar Garden.

**KALIA KLIBAN** performs and teaches morris, longsword, American clog, English clog, contra, and English country dance. She also makes excellent pipe-cleaner sculptures and can juggle a variety of supermarket produce. Her clear and humorous teaching style has gotten feet tapping at camps and gatherings in California and beyond, and she's been part of the Family Week community since 1996.

**LORRAINE KOSTKA** has been hosting tie-dye events for adults and children in the South Bay for the past eight years. Lorraine is familiar with the logistics of walking a group of up to 40 people through a tie-dye project within 30–60 minutes.

**PAUL KOSTKA** plays wind instruments for English country and Irish dancing. He may often be found teaching Beginning Button Accordion at the SF Free Folk Festival, or singing at the Dickens Faire with wife Lorraine and their four children.

**SUSAN MICHAELS** calls and teaches traditional American dancing, especially contra and square dancing. She's led dances for 25 years at local evenings, dance weekends, and week-long adult and family camps throughout the U.S. and Canada. Susan's also a full time dance instructor at Pasadena Waldorf School for

grades 3–8. Her "calling" in life, she believes, is to teach people how to hold hands in a circle and have fun!

**KIT NELSON** has played electric bass and guitar professionally for over 4 decades. He and his wife Kathrine Gardner were bandmates in the popular Contra Bandits, and he's been pianist for Honolulu's house contra band. He is known for leading rousing Beatles sing-alongs wherever he goes.

**BOBBI NIKLES** is founder and director of Fiddlekids. A versatile musician with a special interest in Appalachian, Celtic, and jazz fiddle styles, Bobbi performs with the Black Brothers, Douce Ambiance, and Curlew. She inspires with her warm and creative teaching style, melodic playing, and her infectious love for the fiddle.

**BOB REID** has performed at thousands of concerts, workshops, and school assemblies, and has gained a national reputation for quality work with children. His songs are sung by musicians, children, parents, and teachers throughout the country. He has performed at United Nations Headquarters on several occasions; the UN has used two of his songs: "Water," as the theme of International Year of Freshwater, and "Connection," as a song of Peace. A California Arts Council Artist in Residence, Bob has recorded four children's music collections: "Bob Reid with Abracadab," "Marz Barz," "We Are the Children," and the soon-to-be-released "There Is a Light In You."


**JUDY STAVELY** began learning fiddle in Appalachia about forty years ago. Since then, she's played for her students in the one-room public school where she taught, made music for contra, square and French dances, played lots of fiddle tunes with friends, and taught fiddle at Lark in the Morning for several years. Recently she's run away with a circus, playing fiddle while hanging from circus silks.



# Family Week 2012 schedule

Here's the schedule as of February 1. IT WILL CHANGE!

For updates and more information, please see [www.bacds.org/familyweek](http://www.bacds.org/familyweek)

|                          | 1-5 yrs   | 6-9 yrs  | 10-12 yrs   | 13 and up   |
|--------------------------|---|--|---|---|
| Early Morning            | <b>Preschool Playroom</b><br>For our youngest campers, two sessions of stories and games, movement and music with Annie Johnstone.  | <b>Molly Dance with Julie and Craig</b><br>Bring out yer early morning fidgets! Our 6-to-9s will step boldly into this high-energy set dancing from England. | <b>Nature, Indian Craft, and Lore</b><br>Norm Kidder will show you the land as the Native Americans saw it, along with many crafts using materials found a walk away. | <b>Contra Dance with Susan, Bobbi, Kathy and David James</b><br>Start the day off right with friendly and energetic contra dancing.<br><b>Singing with Bob Reid</b> Morning singing for teens through adults. Share songs that have deep significance in your life.   |
|                          |   | <b>Classic Camp Crafts with Lorraine</b><br>Friendship bracelets, lanyards, air-pressure rockets, LifeSaver cars, and more.                                  | <b>Dances and Musical Games with Susan Michaels and David James</b><br>These two know tons of dances and songs. Here's a chance to take home a few!                   | <b>English Dance with Kalia, Kathrine, Paul and Craig</b><br>Step your way through centuries of English country dances. We'll have a mix of smooth and silly, romantic and rambunctious, elegant and energetic. Come learn why this dance style has lasted for 400 years and is flourishing now more than ever.<br><b>Teen Rapper Sword with Rhonda</b> Fast-paced with precise timing, rapper sword is entrancing and exhilarating at the same time.<br><b>Dance Band with Kathy and Judy</b> All levels welcome! Learn new tunes for your repertoire, as well as get the ensemble chops you need to make the dance floor pop. |
| Late Morning             | <b>Round-up with Susan</b> Before lunch the entire camp gathers together for 45 minutes of music, song and fun.   |  |   |   |
|                          | <b>LUNCHTIME!</b><br><b>Craft Hour</b> Lorraine will be teaching tie-dye techniques and fabric arts (batik and heliographic printing) for all after lunch.<br><b>Singing with Bob</b> Stories and songs for kids of all ages. Learn new songs and rounds; be engaged and entertained.<br><b>Swimming, Free Time, Jam Sessions</b> After crafts and singing, the pool is open. Come cool off! Or join a jam...   |  |   |   |
| Break                    | <b>Meadow Games</b> Kalia and others will teach juggling and circus arts. We'll also have a camper-led reprise of last year's fun: games like spaceball and petanque—bring equipment and share your favorite!<br><b>Pickup Morris</b> Morris dance has to be done in sets; getting enough folks together outside a busy camp schedule has always been tough, so ... we made it part of the schedule. Julie will encourage all who will to come caper and step; Craig will provide the music. For those who know and those who want to try it.<br><b>Wheat weaving</b> Jan has wowed everyone at Family Week for years with her intricate and beautiful wheat weaving. Every afternoon you can learn how to do this ancient craft.<br><b>Slow Jam</b> Old-time, contra, English, Quebecois? David Brown can play them all. He'll be leading a daily session at learner's speed. Bring your instruments and tune ideas!<br><b>Art</b> Get into the "zone" drawing with Kathy Hirsh. Akin to a meditative experience, drawing helps you feel fully involved, focused and energized. These sessions are open to all regardless of your level of experience—beginners are very welcome. We'll be working on learning to see and draw outside at the base of the beautiful Sierra Nevada mountains. See the teacher's work at <a href="http://www.kathyhirsh.com">www.kathyhirsh.com</a><br><b>Song Circle</b> Kathrine has a great repertoire, but you all know a few as well. Share the songs you love, and learn some new ones, too. We'll explore folk songs, Broadway, parodies, and whatever you like to sing.<br><b>Before Dinner: Hardly Strictly Beatles</b> Kit Nelson is well-known for his marathon Beatles singalongs at camp BBQ night, but here he'll take other requests, as well, for music beyond traditional. Come join the fun! |  |   |   |
|                          |   |  |   |   |
| Late Afternoon Workshops |   |  |   |   |
|                          |   |  |   |   |

## Daily Life at Camp

**CLASSES:** For morning classes, kids are grouped with their peers. In the afternoon, things are much more relaxed—time for reading, games, making music, swimming and a nap.

**EVENINGS:** There are dances every evening, starting with a family dance. At 8:30, 9-and-unders are led off to bed by the Pied Piper parade, a moving lullaby performed by the entire community. Once parents have tucked their kids in, they are free to come back to the dance, while roving babysitters stop by the rooms throughout the evening to make sure all is well.

**CAMPER JOBS:** Everyone helps out during meals or with simple housekeeping tasks (younger children will be assigned with a parent/guardian). Jobs are usually a half hour or less per day. Examples include dining room setup/cleanup, snack helpers, meal servers, sweeping and dance floor care.

**WORK TRADE:** Work trade is vital to keeping our camp running! For the 2012 camp, adults and youths may take a \$220 reduction in fees, in exchange for several hrs./day work (you're free during all classes), plus helping with setup and tear down of camp. For more on this and scholarship opportunities, check our website. Work trade applications must be received no later than May 1st.

## The Site

Family Week is held at Foothill Horizons, a large, modern, smoke-free site at 2000 feet nestled in the pine and oak woodlands of the Sierra foothills just outside Sonora, CA. It'll be a great week for dancers of all ages and families of all sizes. Foothill Horizons is a two to three hour drive from the San Francisco Bay Area, and convenient to four major metropolitan airports as well as Interstate 5.

## The Meals

Denise Ladwig and her crew are back. People love Denise's food: her kale salad recipe was even an auction item! She says: "We're committed to making things not only as healthy as possible for folks and the planet but also as delicious as possible. We use organic, in-season, sustainable produce, dairy, meat and fish as much as is possible and do our best to bring out the natural flavor and beauty of the food. Healthy doesn't mean boring when it comes from our kitchen!"

## Registration Notes

Register online (click the "registration" link at [www.bacds.org/familyweek](http://www.bacds.org/familyweek)) or use the form at right. **Our website has much more information about the camp, as well as the answers to many common questions.** Please let us know any special needs (chores or diet) or housing preferences. To learn more about camp, you can also send email ([familyweek@bacds.org](mailto:familyweek@bacds.org)), or contact camp co-manager Randall Cayford or Registrar Rhonda Cayford at (925) 256-8992. Completed registration forms should be mailed, with check payable to BACDS, to Family Week Registrar, 15 Ardmore Ct., Pleasant Hill, CA 94523.

**THE BAY AREA COUNTRY DANCE SOCIETY**, a 501(c)3 (not-for-profit) corporation, runs hundreds of community dance & performance events a year, as well as two great summer dance weeks for adults. See [www.bacds.org](http://www.bacds.org) for details.

## PRICES LOWERED FOR 2012!

### Registration Form: 2012 Family Week If there are two caregivers in your family, we strongly encourage both to come to camp.

Please circle your gender, and select your menu choices (Omnivore/Vegetarian/No Dairy). Fill in all applicable blanks.

Adult #1 Name \_\_\_\_\_

email \_\_\_\_\_ M F O V ND

Adult #2 Name \_\_\_\_\_

email \_\_\_\_\_ M F O V ND

Children coming to camp (DOB = Date of Birth):

Name \_\_\_\_\_ DOB \_\_\_\_\_

email \_\_\_\_\_ M F O V ND

Name \_\_\_\_\_ DOB \_\_\_\_\_

email \_\_\_\_\_ M F O V ND

Name \_\_\_\_\_ DOB \_\_\_\_\_

email \_\_\_\_\_ M F O V ND

Please list any additional campers (adults or children) on a separate sheet of paper.

Family Address: \_\_\_\_\_

Phone 1 (preferred): \_\_\_\_\_

Phone 2 (alternate): \_\_\_\_\_

### REGISTRATION WORKSHEET

Adults: \_\_\_\_\_ × \$670 = \_\_\_\_\_

Adult w/work trade discount: \_\_\_\_\_ × \$450 = \_\_\_\_\_

Youth age 13-17\*: \_\_\_\_\_ × \$535 = \_\_\_\_\_

Youth w/work trade discount: \_\_\_\_\_ × \$315 = \_\_\_\_\_

Child(ren) 5-12\*: \_\_\_\_\_ × \$435 = \_\_\_\_\_

Child(ren) 2-4\*: \_\_\_\_\_ × \$130 = \_\_\_\_\_

Child(ren) under 2: Free

**TOTAL DUE** by June 1st = \_\_\_\_\_

\* Child's age at time of camp

### Deadlines and cancellation policies

A \$25 per person deposit must accompany this form. Your registration is complete only when we receive it. If camp is oversubscribed, we will hold a lottery on May 1st and send notification shortly afterwards. **All funds must be received by June 1st.** If you cancel before then, your payment will be refunded, less a \$25 administration fee. If you cancel between June 1st and June 25th, 50% of your payment will be retained. Sorry, there will be no refunds for cancellations after June 25th. All cancellations *must* be made in writing or by email and take effect upon the day they're sent but are final only when you receive acknowledgement from us. *Registrations are not transferable.*

**Ride-sharing!** I  need  can offer a ride for \_\_\_\_\_ people.

Enclosed is a tax-deductible donation of \_\_\_\_\_ to:  
 BACDS  The Family Week Scholarship Fund.