

Balance the Bay



San Francisco Contra Weekend August 12 - 14, 2011

The Groovemongers
and **Contra Sutra** with callers
Steve Zakon-Anderson
and **Deb Comly**

Registration opens March 1! Online preferred, or use form on back. Sign up early while space is available!

More info: www.bacds.org/btb btb@bacds.org
510.224.5677 Facebook: search Balance the Bay

Come dance with us in the City by the Bay! Balance the Bay is a weekend of terrific dancing in a relaxed, friendly environment at a great site near the Pacific Ocean.

Join 220 other dancers for exciting contras, fun workshops, Saturday dinner on-site, and more!



The Groovemongers thrill contra dancers nationwide and beyond with a world beat approach to dance music. Pioneers of groove contra, **C.W. Abbott** (mandolin, guitar), **Mark Hellenberg** (percussion), **Rebecca McCallum** (fiddle), and **Jane Knoeck** (keyboard, accordion) expertly match tunes to dances and draw from a breathtaking variety of styles. From Celtic to Calypso, Southern to Salsa, Old England to New England, Motown to Cape Town, plus a liberal dose of rock 'n' roll, the Groovemongers' memorable tunes and driving rhythms fuse into a spicy mix that's irresistibly danceable.

Contra Sutra is a Pacific Northwest band featuring members of KGB, the Syncopaths, and Lift Ticket, among others: **Russell S.** (percussion), **Marni Rachmiel** (flute, sax, piccolo), **Dave Bartley** (guitar, mandolin, cittern), and **Ryan McKasson** (fiddle, viola). Rave reviews have followed their dances up and down the West Coast. Their tunes are a mix of originals and familiar favorites with funky twists, with some pop, African, swing, and wicked humor all blended in. Exquisite tune-to-dance matching is a Contra Sutra hallmark and part of the dance ecstasy experience.



Steve Zakon-Anderson has been calling contras, teaching couples dance, and leading callers' workshops for over 25 years, performing at camps and festivals from Alaska to Florida and nearly everywhere in between. His own dance compositions are well-known, and he weaves them into his programs along with other contemporary and traditional favorites. Steve's clear teaching, precise calling, and sense of humor have made him popular with dancers of all ages and abilities.



Deb Comly was bitten by the contra bug in 1994 and brings her years of experience as an avid dancer, organizer, and occasional musician to her calling. Long a favorite in the Southwest for her bright, clear teaching, flowing and varied dances, and community spirit, she has also called on both coasts. From her beaming smile to her happy feet, Deb's energy is contagious.



Tentative Schedule

Friday 7 pm – 11:30 pm
Registration & Mingling
Welcome Dance Party

Saturday 10 am – 11:30 pm
Contra Dancing
Waltzing & Couple Dances
Dance & Music Workshops
Dinner (included)
Evening Dance Party
(theme: polka dots!)

Sunday 9:45 am – 4:30 pm
Contra Dancing
Waltzing & Couple Dances
Workshops
Final Contra Dance Party