# SPRING FEVER MYTHS DEBUNKED!

#### It's all Contra or It's all English

**FALSE.** It's both and a lot more. We've gathered two top-notch bands, *Contra Sutra* and the *Latter Day Lizards*, to raise your temperature in both genres. Likewise, our great callers, *Scott Higgs* and *Kathy Anderson* know how to "cross the aisle" and bring out the best in all dance styles. Our programmer, *Sam Weiler*, has put together a lineup of workshops and evening dances sure to thrill you whether you prefer one, the other, or both.

# If I do only one style of dance, I'll always be in the smaller dining hall

**FALSE.** The main dance hall will be host to all different styles of dance during the day. The evening features our "community blowout" with a great mix of all styles. And after hours, it's campers choice - YOU decide what type of latenight dancing you want to do.

#### 3 I can't get my special food needs met

**FALSE.** You've only got to tell us, so we can tell the gastronomic wizards at the Monte Toyon kitchens. We've yet to have a special request they couldn't meet. Still concerned? You're welcome to bring your own food. There's a camper fridge and spare mini-kitchen with microwave, and we've even had the kitchen staff heat up camper food.

## All that outdoors-in-the-woods experience is bad for you

**FALSE.** It's true that you may find yourself slowing down, relaxing, enjoying the pace, enjoying the people, enjoying the music, enjoying the dancing, making new friends, and feeling rejuvenated, but we've yet to see any harmful side effects from that. Plus, all those beautiful trees are giving off lots of healthy oxygen!

## 5 I won't get a chance to dance because of the cliques

**FALSE.** Spring Weekend has folks come from all over the country, and is known for its welcoming, friendly, and dance-hungry campers. Whether you're newcomer or seasoned dancer, young or not-so-young, regardless of race, creed, color, gender, preferences, or strong opinions on Coke vs. Pepsi, you'll find kindred spirits. One of the great things about these community dances is that everyone dances with everyone, and anyone can ask anyone.

## 6 It's too far away from civilization — I don't do "Survivor"

**FALSE.** Camp is a mere 10-15 minutes drive from suburban Aptos and the nearest freeway. You can get your "last minute I forgot something" or "gotta get to a mall" fix with surprising ease. And, shoot, it's less than 10 minutes from Aptos to the beach.

### Tit's too expensive compared to other dance weekends

**FALSE.** It costs more, yes, but you get *more* for your money. Add up two nights' lodging, four or five meals (*Will* you make it to Sunday breakfast?), and all that dance time, and it starts to look like a bargain. And because it's a residential camp, you get to spend quality time *off* the dance floor with the callers, the musicians, and all your new friends.

#### Spring Fever Weekend at Monte Toyon ≨ March 18-20, 2011

Sign up now while there's still space

http://bacds.org/sf/register

If you <u>truly</u> can't come, or if you just can't get enough, check out these local dances:

**San Rafael** Thursday. March 17 *The LatterDay Lizards and Warren Blier* http://nbcds.org/ **Felton** Sunday, March 20 *Contra Sutra and Kathy Anderson* http://santacruzdance.org/ **Palo Alto** Monday, March 21 *Contra Sutra and Scott Higgs* http://bacds.org/