

What's aerobic, flirtatious, fun,
and as American as apple pie?



Contra Dancing, that's what

Contra Dancing has roots that go back to the earliest Colonial times. Over the years, it has grown with America, picking up influences from New England, Appalachia, the South, Cajun Country, and the West. Two lines of dancers trace intricate patterns to energetic live music: Jigs and reels from American, British, Cajun, and Celtic traditions.

SWING YOUR PARTNER INTO THE 21ST CENTURY.

COME TRY IT FOR YOURSELF.

Live music

Easy to learn

No partner necessary

All dances taught and called

New dancers are always welcome

To maximize your dancing pleasure, please bring clean, soft-soled shoes with low or no heels, wear comfortable, lightweight clothing, and refrain from using hairspray or perfumes.

See other side for times and locations

Produced by the Bay Area Country Dance Society.
in support of all of our regional Contra Dances
and the volunteers who make them happen.

CONTRA DANCING IN THE BAY AREA

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| Aromas | 2 nd Saturdays, 7:30-10:30 pm | \$10 |
| Grange Hall, Rose Av & Bardue St | | <i>Lesson: 7:15 pm</i> |
| www.aromasgrange.org/html_pages/Contra.htm | | |
| Berkeley | 1 st /3 rd /5 th Weds, 8-10:30 pm | \$9 |
| Christ Church Berkeley, 2138 Cedar St | | <i>Lesson: 7:15 pm</i> |
| www.bacds.org | | |
| Canyon | 1 st Saturdays, 8-11 pm | \$7 |
| Canyon School, Pinehurst Rd | | <i>Potluck, 6:45 pm, Lesson: 7:45 pm</i> |
| home.ix.netcom.com/~rtnews1/canyon.html | | |
| Felton | 1 st /3 rd Fridays, 8-11 pm | \$10 |
| Felton Community Hall, 6191 Hwy 9 | | <i>Lesson: 7:40 pm</i> |
| www.santacruzdance.org | | |
| Hayward | 4 th /5 th Sundays, 4-7 pm | \$10 |
| Hill & Valley Club, 1808 B St | | <i>Music jam: 2:30, Lesson: 3:30 pm</i> |
| www.haywardcontradance.org <i>Dinner afterwards</i> | | |
| Palo Alto | 2 nd /4 th /5 th Saturdays, 8-11 pm | \$10 |
| 1st United Methodist Church, 625 Hamilton | | <i>Lesson: 7:30 pm</i> |
| www.bacds.org | | |
| Petaluma | 1 st Sundays, 6:30-9:30 pm | \$10 |
| Petaluma Woman's Club, 518 B St | | <i>Lesson: 6:00 pm</i> |
| www.nbcds.org | | |
| Queer Contra | 1 st Saturdays, 8-10:30 pm | \$10 |
| Oakland: Humanist Hall, 390 27 th St (near Broadway) | | <i>Lesson: 7:45 pm</i> |
| www.lcfd.org/sf <i>Potluck 6:30 pm sometimes</i> | | |
| San Francisco | 1 st /3 rd Sat., 4 th Fri, 8-11 pm | \$10 |
| St. Paul's Church, 43 rd and Judah | | <i>Lesson: 7:30 pm</i> |
| www.bacds.org | | |
| San Rafael | 2 nd Saturdays, 8-11 pm | \$10 |
| Masonic Hall, 1010 Lootens Pl, btwn 4 th & 5 th | | <i>Lesson: 7:30 pm</i> |
| www.nbcds.org | | |
| Santa Rosa | 3 rd Fridays, 5 th Saturdays | \$10 |
| Monroe Hall, 1400 W College Ave | | <i>Lesson: 7:30 pm</i> |
| www.nbcds.org | | |
| Sebastopol | 4 th Saturdays | \$10 |
| Wischemann Hall, 465 Morris St | | <i>Lesson: 7:30 pm</i> |
| www.nbcds.org | | |