

The Finnish Hall Workshop 2 - 4:30pm Dinner 5 - 6pm 970 Chestnut Street

Berkelev, CA 94702 BALL 6:30 - 10:30pm

Program designed and presented by

Gene Murrow

Music provided by Persons of Quality:

Jon Berger, Rebecca King, and Jim Oakden

Sound Engineering: Marty Brenneis

The Committee

Manager, Artistic Director: Judy Rose Dornbush

Registrar: Loretta Reid

Web Master, Computer Graphics: John Bergmann

Treasurer: Jim Oakden

Find additional information on the FallBall, including: driving directions and map:

http://www.bacds.org/events/fallball2016

# The Dances

Jacob Hall's Jig
Crystal Spring
Terpsicourante
Autumn Moon
East Indian
Rich Delights
The Drummer
Randolph Farewell
Helene's Night Out

# **Festive Refreshment Break**

Rakes of Rochester Gleaners Emperor of the Moon Footprints in the Sand Tom Pate Braes of Dornoch The Bishop Apollo's Hunt Lambs on Green Hill

### JACOB HALL'S JIG

Music: "Under and Over"
Longways Set. Duple Minor

- A1 1-4 1st corners turn by the R-hand all the way around;
  - 5-8 1st woman joins for a circle of three L once around.
- A2 1-4 2<sup>nd</sup> corners turn L·hand all the way around;
  - 5-8 2<sup>nd</sup> woman joins for a circle of three R once around.
- B1 1-4 1st couple lead down center; lead back to stand between 2nd couple forming a line-of-four, all facing up, (1st couple between 2nd couple).
  - 5-8 Line lead up-a-double, then fall back-a-double bending line into progressed places.
- B2 1-4 Circle four hands once around.
  - 5.8 1st couple lead up through couple above; cast/gate down into progressed place.



# CRYSTAL SPRING

By Orly Krasner

Music: "Crystal Spring" (English folksong)

Longways Set, Duple Minor, Double Progression

First Couple Improper

- A1 1-4 Women set in place, then change places by the R-shoulder.
  - 5-8 With opposite (original neighbor), straight poussette clockwise half-way; women dance forward to start.
- A2 1-4 Men set in place, then change places by the R-shoulder.
  - 5-8 With partner, straight poussette clockwise halfway, men dance forward to start. End progressed and crossed over.
- B1 1-2 [Fried de Metz Herman called the following a "closed star."]

With the next couple, women join L-hands (3 beats), men join R-hands (3 beats), keeping other hand joined with partner.

- 3-6 With hands joined, dance once around counterclockwise (women dance forward).
- 7-8 Cloverleaf turn single (men L, women R.)

# CRYSTAL SPRING (cont'd) B2 1-2 Step R and honor partner. 3-4 Partners start 2 changes of L's and R's (no hands). 5-8 Partners L-hand turn once around.

# TERPSICOURANTE

by Gary Roodman

Music: "Terpsichore" by Michael Praetorius

Longways Set for Four Couples, Duple Minor, Improper

- A1 1-4 Dancing in two-couple sets, side-by-side R with neighbors and fall back.
  - 5-6 Set R, then L,
  - 7-8 Turn single.
  - 9-10 Gypsy half-way with neighbor.
- A2 1-4 With partner, side-by-side R and fall back.
  - 5-8 Set R and L, then turn single.
    - 9-10 Gypsy halfway with partner. [Everyone end diagonally across from where they began.]
- B 1-4 With partner, R-hand turn once around.
  - 5-8 Men change places; then women change places.

# **TERPSICOURANTE** (cont'd)

- C 1-2 "Serpentine Progression":

  Dancing in two-couple sets, circle half-way and, for an instant, continue facing that couple.
  - 3-4 1st and 4th couples (standing back to back in the middle of the set) change places while keeping their backs to each other. M1 and M4 draw their partners out and around the other couple to face end couples; 1st couple move down the set, 4th couple move up.
  - 5-6 Couples facing couples, circle half-way until 2<sup>nd</sup> and 3<sup>rd</sup> couples stand back-to-back in the middle.
  - 7-8 2<sup>nd</sup> and 3<sup>rd</sup> couples dance the "Serpentine Progression" in the middle.
  - 9-10 Facing couples, circle half-way.
  - 11-12 1<sup>st</sup> and 4<sup>th</sup> couples dance the "Serpentine Progression" in the middle.

### **AUTUMN MOON**

By Gary Roodman, 2013

Music: "Autumn Moon" by Rebecca King

Longways Set, Duple Minor

- A 1-4 SEGMENTED HEYS: 1<sup>st</sup> woman crosses down into the first half of a hey-for-three with 2<sup>nd</sup> couple, ending just behind partner.
  - 5-8 1<sup>st</sup> man crosses down into the second half of heyfor-three with 2<sup>nd</sup> couple, ending in partner's original place.
  - 9-12 2<sup>nd</sup> woman crosses up into the first half of a heyfor–three with 1<sup>st</sup> couple, ending just behind partner.
  - 13-16  $2^{nd}$  man crosses up into the second half of a heyfor-three with  $1^{st}$  couple, ending in partner's original place.

[All end crossed over.]

# **AUTUMN MOON** (cont'd)

- B1 1-4 MIRROR-IMAGE BACK-TO-BACK: Facing neighbor along the line, dance back-to-back, beginning with 2<sup>nd</sup> couple splitting 1<sup>st</sup> couple.
  - 5-8 TURN INTO LINE OF FOUR: When falling back, give near hand (men L, women R) to neighbor, turn once-and-a-quarter into a line of four facing up. 1's flip to change places in the middle of the line:
    - -> W2 W1 M1 M2
- B2 1-4 Lines of four fall back, come forward,
  - 5-8 End people gate the middles around and back into major lines.

    All change places with partner.

# **EAST INDIAN**

Longways Set

Triple Minor

- A1 1-8 1st and 2nd couples skip R-hand star; L-hand star back to place.
- A2 Progression: 1<sup>st</sup> couple lead down the middle, lead up and cast one place.
- B1 Slipping ring for 6, L and R,
- B2 Allemande R and L:

  partners across R-hand turn half to each other's

  places, continue the turn passing the woman

  under the man's R arm. Repeat with L-hand turn.

# **RICH DELIGHTS**

By Phillipe Callens, 2003

Music: "18th of August" by Daphne Baker

Three Couple Longways Set, Waltz time, Progression 3-1-2

- A 1-2 Partners set, moving slightly forward to each other.
  - 3-4 1<sup>st</sup> couple cast down into 2<sup>nd</sup> place while 2<sup>nd</sup> couple lead up turning out into 1<sup>st</sup> place, and while 3<sup>rd</sup> couple turn single down.
  - 5-8 1<sup>st</sup> man head down for half-hey with the 3<sup>rd</sup> couple, passing 3<sup>rd</sup> woman by the L shoulder. 1<sup>st</sup> woman head up for half-hey with the 2<sup>nd</sup> couple, passing 2<sup>nd</sup> man by the L shoulder. 1s turn over their left shoulder to end in the middle of lines of three across the hall, line at the bottom facing up, line at the top facing down.
  - 9-12 Taking hands, dance forward to meet and fall back up and down the set.
  - 13-16 Joining hands in a ring of six, circle L threequarters around.

# **RICH DELIGHTS** (cont'd)

- B 1-4 1<sup>st</sup> couple (improper in 2<sup>nd</sup> place) cross R shoulder and move individually to the R around one person to form new lines of three across the hall.
  - 5-8 Taking hands in lines (man with men, woman with women), dance forward to meet and fall back facing up and down the set.
  - 9-12 Joining hands in a ring of six, circle L threequarters, easing out into longways formation.
  - 13-16 Partners back-to-back. (Repeat dance twice).

# THE DRUMMER

By Thompson (1757); Bolton (1997) Longways Set, Duple Minor

- Al 1-8 All four circle L (4 bars); L·hand star (4 bars).
- A2 1-8 All four circle R (4 bars); R.hand star (4 bars).
- BI 1-4 1's cross and go below while 2<sup>nd</sup> couple set up and down (2<sup>nd</sup> man L then R; 2<sup>nd</sup> woman R then L) and lead up.
  - 5-8 1's half-figure-8 up while 2's cast down and lead up.
    All progressed and proper.
- B2 1-8 Starting with partner, four changes of R's and L's.

# RANDOLPH FAREWELL

Waltz by Fried de Metz Herman (copyright) Music, title, and dedication by Tom Siess, 1991 Three Couple Circle

- A1 1-2 Partners turn R·hands three-quarters.
  - 3-4 Three women L·hand star while three men move clockwise around the star.
  - 5-6 All meet own partner, turn R·hand half way.
  - 7-8 Three men L·hand star while three women dance clockwise around the star.
- A2 1-6 Beginning R·hand with partner, three changes of a Grand Chain. Each pass takes two waltz steps.
  - 7-8 All turn single L.

# RANDOLPH FAREWELL (cont'd)

- B1 1-4 1st couple dance through the center between the other two couples. 1st man dances outside and through 2nd couple. 1st woman, crossing in front of partner, dances outside and through 3rd couple.
  - 5-8 1st couple cross through the set passing R-shoulders. 1st man dances through 3rd couple. 1st woman dances though 2nd couple. Both back to place.
- B2 1-4 Hands 6 circle L, thus: Bars (1-2) 2 waltz steps; bars (3-4) 2 steps, 1 step to each bar of the music.
  - 5-8 Repeat bars (1 -4)

Dance repeats twice more:

 $2^{nd}$  time,  $2^{nd}$  couple leading;  $3^{rd}$  time,  $3^{rd}$  couple leading.

# **HELENE'S NIGHT OUT**

By Claudio Buchwald, 1975

For Helene Cornelius on her 50th birthday, June 1975 Longways Set, Duple Minor

- A 1.4 1st couple cross and go below one place; 2nd couple move up.
  - 5-8 1<sup>st</sup> couple set and turn 2·hands half-way.
  - 9-12 2<sup>nd</sup> couple cross and go below one place; 1<sup>st</sup> couple move up.
  - 13-16 All set and turn single to face neighbors.
- B 1-4 Neighbors (1st man with 2nd woman, 1st woman with 2nd man) take 2 hands, slip out four counts and back four counts.
  - 5-8 With the  $2^{nd}$  couple standing still, the  $1^{st}$  couple lead up between the next couple above, separate and cast around that couple back to place.

# **HELENE'S NIGHT OUT** (cont'd)

- C 1-4 1st woman crosses (skips) between 2nd couple to start a half-hey-for-three while 1st man dances (skips) across the set, down outside to the 2nd woman's place and up to meet his partner as she completes the half-hey (all skipping).
  - 5-6 1<sup>st</sup> couple set to each other, moving to end between the 2<sup>nd</sup> couple in a line of four facing up.
  - 7-8 Progression: 2<sup>nd</sup> couple gate the 1<sup>st</sup> couple up, around, and down into their new places, moving up as they do this.

# **EMMA TURNS THREE**

by Gary Roodman

Music by Jonathan Jensen Sicilian Circle, Trio Facing Trio

quarters by the R.,

- A 1-8 HEYS ACROSS THE WAY: men (dancers in second place) cross by the R, turn R into a nearly complete hey-for-three with the women (end dancers) in the other trio. As the original 'men' finish, they meet in the middle and turn three-
  - 9-16 HEYS WITH YOUR OWN: each man (dancer in 2<sup>nd</sup> place) dances a complete hey on his own side, beginning with the person who was on 'his' L as the dance began.

End with men in the middle, facing away from the other trio.

- B 1-8 With this new trio, dance forward and back in line; balance forward and back, pass through R, and turn back over R shoulder.
  - 9-12 Back-to-back with the facing person,
  - 13-16 MARCH THROUGH TWO: All pass through two trios (the one just danced with and the original trio) to meet a new trio.

# **RAKES OF ROCHESTER**

Traditional, circa 1750 Longways Set, Duple Minor

- A1: 1<sup>st</sup> corners R·hand turn; 1<sup>st</sup> couple L·hand turn.
- A2: 2<sup>nd</sup> corners L·hand turn (same L-hand for the 1<sup>st</sup> woman); 2<sup>nd</sup> couple R·hand turn.
- B1: 1<sup>st</sup> couple gallop <u>down</u> the center 4-steps; set up (man L, woman R) then down; 1<sup>st</sup> couple gallop back up to top and cast-off one place.
- B2: Four changes of R's and L's with hands.

# **GLEANERS**

Music: "Field of Dreams" by Heather Bexon, 1998 Three Couple Longways Set

- A 1-4 1st man and 3rd woman cast around one dancer to middle place. 2nd man moves up, 2nd woman moves down. 1st man and 3rd woman gypsy R half-way.
  - 5-8 Lines of three fall back and come forward.
  - 9-16 Circle L all the way and one place further, ending with 1st man at the bottom, improper.
- B 1-4 All set to opposite, cross over and turn R back in.
  - 5-8 Women face R to draw that man, holding both hands, two places clockwise. All end opposite partners. (Order: ones, twos improper, threes.)
  - 9-12 2<sup>nd</sup> couple half-figure-8 <u>down</u> while 1<sup>st</sup> couple lead to below the 3<sup>rd</sup> stationary couple.
  - 13-16 All lead up one place and honor partner.

# THE EMPEROR OF THE MOON

Longways Set Duple Minor

- A1 1-4 Partners set R and L and turn single R to face neighbor.
  - 5-8 Neighbors 2-hand turn once around to end facing partner; inside hands joined.
- A2 1-4 Neighbors dance forward to partner, fall back releasing hands.
  - 5-8 Partners set R and L.
  - ,  $1^{\text{st}}$  couple cast down,  $2^{\text{nd}}$  couple lead up assisted lead up.
- B1 Note: Assisted "Cross and Half-figure-8's", first by the 2<sup>nd</sup> couple, then by the 1<sup>st</sup> couple.
  - 1-4 2<sup>nd</sup> couple cross R, go below; 1<sup>st</sup> couple lead up, turn out, and face down.
  - 5-8 2<sup>nd</sup> couple half-figure-8 up, men L·hand turn while women R·hand turn; 1<sup>st</sup> couple complete turns to face partner. All home.

# **THE EMPEROR OF THE MOON** (cont'd)

- B2 1-4 1st couple cross R, go below. 2nd couple lead up, turn out, and face down.
  - 5-8 1st couple half-figure-8 up, to men L-hand turn while women R-hand turn.

All end progressed, proper, facing partner.

### **FOOTPRINTS IN THE SAND**

By Chris Sackett and Brooke Friendly, 2008 Music: "Mendocino Morning" by Peter Barnes Duple Minor

- A1 1-7 2<sup>nd</sup> diagonals give partner R·shoulder to start a hey-for-four on the 1<sup>st</sup> diagonal.
  - 8 2<sup>nd</sup> diagonals L·shoulder gypsy about threequarters to face on 2<sup>nd</sup> diagonal improper while 1<sup>st</sup> diagonals cross to the other side.
- A2 1-7 2<sup>nd</sup> diagonals (with original neighbor) give R·shoulder to start a hey-for-four on the 2<sup>nd</sup> diagonal.
  - 8 2<sup>nd</sup> diagonals dance two places around the set to original diagonal's places while 1<sup>st</sup> diagonals go up or down to original diagonal 's places.

    End all progressed and improper.

(Instead of 2<sup>nd</sup> diagonals passing partner by R-shoulder to come back into center of set, they see partner coming at them and move round outside of set, with partner following.)

- B I 1-8 Circle 4-hands around to L and back to R.
- B2 1-4 Partners L·shoulder back-to-back.
  - 5-8 Partners 2·hand turn once and a-half.

### TOM PATE

Music: "The Nutting Girl" collected by Peter Kennedy or "The Tempest" (Community Manual 3)

Longways Set, Progressive Double

Two Couples Facing Two Couples

- A 1-4 Lines of four go forward and back, twice.
  - 5-8 Center four dance R·hand star, back by L·hand star, while ends (opposites) dance a long open or cross-hand swing w/ pivot step.
- B 1-8 As in "Cumberland Square", with partner gallop sideways passing the neighboring couple (8 counts. out, 8 counts. back.)
  - 9-12 Lines dance forward and back.
  - 13-14 Clap own hands together: one, two; one-twothree.
  - 15-16 Progress on to the next line passing R∙shoulder with opposite.

### **BRAES OF DORNOCH**

By Charles Bolton, ed.

Three Couple Longways Set

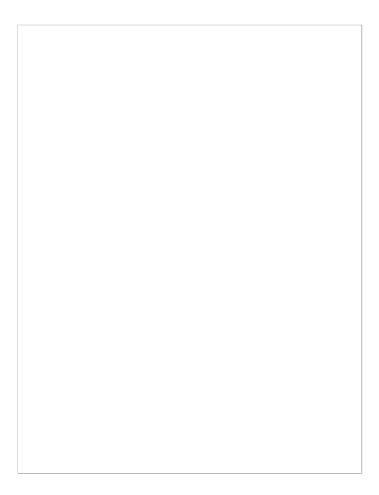
- A 1-8 1<sup>st</sup> couple lead down to the bottom, cast up to the middle (2<sup>nd</sup> couple lead up). 1<sup>st</sup> couple two-hand turn.
  - 9-16 1st couple lead up, cast out to the middle, two-hand turn three-quarters around, then turn individually to the R so that 1st man faces down in the center of the set and 1st woman faces up (standing back-to-back). At the same time the ends turn in to face them (2nd couple facing down; 3rd couple facing up). All take hands in two wavy lines of three ("Scottish double triangles").
- B 1-8 All set in line, forward and back. Those who can, L-hand turn, then R-hand turn the other dancer in the line (M1+M3, W1+W2) not quite all the way around, so that 1st couple end proper in the middle place.
  - 9-16 All R·shoulder back-to-back. Bottom two couples, with hands, three-changes of R's and L's,top couple two-hand turn.

# THE BISHOP

Music: "Miss Dolland's Delight" Reconstructed By W.S. Porter, 1931

Longways Set, Triple Minor

- A1 1-2 1<sup>st</sup> man casts down to 2<sup>nd</sup> place, 2<sup>nd</sup> man moving up.
  - 3-8 1<sup>st</sup> man sets forward to stationary 3<sup>rd</sup> woman, and turns her 2-hands around.
- A2 1-2 1<sup>st</sup> woman casts down to 2<sup>nd</sup> place, 2<sup>nd</sup> woman moving up.
  - 3-8 1<sup>st</sup> woman sets forward to stationary 3<sup>rd</sup> man, and turns him 2·hands around.
- B1 1-4 3<sup>rd</sup> couple, at bottom, gypsy while 2<sup>nd</sup> couple (acting as pivots at the top) gate the 1<sup>st</sup> (middle) couple, who dance up the center and cast down into middle place.
  - 5-8 Circle 6·hands half-way around.
- B2 1-4 Repeat B1; top couples gate while bottom couple gypsy once around.
  - 5-8 Circle 6·hands half-way around.



# **APOLLO'S HUNT**

By Gary Roodman

Music: "La Chasse d'Apollon" by P.J. Vanpelt,

Transcribed by Paul Oorts

Longways Set, Duple Minor, Improper

- A1 1-4 R.hand star once around.
  - 5-8 With the couple on the other side, L-hand star once around.
- A2 1-4 In own minor set, women cross on the diagonal passing R shoulder, then men cross passing R shoulder.
  - 5-8 Hands·four circle once around; end facing neighbor up or down the line.
- B1 1-4 Mirror-image gypsies: gypsy neighbors once around, 2's (above) splitting the 1's.
  - 5-8 Half-double-figure-8: 2's cross down the middle and come up the outside, as 1's come up the outside and then cross down the middle.
- B2 1-4 Mirror-image gypsies, again: with that same neighbor (on other side of the set, with other shoulder), gypsy once around.

# APOLLO'S HUNT (cont'd)

5-8 Half-double-figure-8 into line of 4: 2's cross down the middle, come up the outside, and go into the middle and face down while 1's come up the outside, cross down the middle, and turn out onto the ends of a line of four facing down

# $\rightarrow$ M1 W2 M2 W1.

- C1 1-4 Lines of four go <u>down</u> the hall and fall back. Turn individually at the last moment into,
  - 5-8 Lines of four go <u>up</u> the hall and fall back into major lines facing partner.
- C2 1-4 Beginning with partner, two (leisurely) changes of R's and L's (with hands).
  - 5-8 With partner, two-hand turn once (or twice) around.

### LAMBS ON GREEN HILL

By Dan Seppeler

Longways Set, Waltz

- A1 1-2 1st couple cast <u>down</u> below 2<sup>nd</sup> couple who remain stationary.
  - 3-5 1<sup>st</sup> couple half-figure-8 up through 2<sup>nd</sup> couple.
  - 6-7 1<sup>st</sup> couple (improper) lead <u>up</u> through 2<sup>nd</sup> couple.
  - 8 1<sup>st</sup> couple fall back into partner's places.
- A2 1-2 2<sup>nd</sup> couple cast up above 1<sup>st</sup> couple who remain stationary.
  - 3-5  $2^{nd}$  couple half-figure-8 down through  $1^{st}$  couple.
  - 6-7 2<sup>nd</sup> couple (improper) lead down through 1<sup>st</sup> couple.
  - 8 2<sup>nd</sup> couple fall back into partner's places.
- B1 1-2 All improper, balance ring (step-close).
  - 3-4 Circle·L half-way.
  - 5-8 With partner R-hand turn, turn-lady-under to change places with partner.
- B2 9-12 Circle·R once around.
  - 13-16 With partner R-hand turn, turn-lady-under to change places with partner.