

This packet supplements the 2017 Camper Packet sent to you in April, so please refer to that for other important details about camp, including auction, bookstore, and our fragrance-free policy.



## General Camp Information

**How to get to Camp:** The Bishop's Ranch is 75 miles north of San Francisco, southwest of central Healdsburg at 5297 Westside Road. You will find a map elsewhere in this Packet.

**From the South:** Take 101 North to the Central Healdsburg Exit. At the second stoplight make a hard left onto Mill Street, which becomes Westside Road. Drive approximately 5 miles. Just beyond the Bucher Dairy, look for The Bishop's Ranch sign on the right.

**From the North:** Take 101 South to the Westside Road / Guerneville Exit. Turn right onto Westside Road and continue 5 miles to The Bishop's Ranch entrance.

**When you reach The Bishop's Ranch:** On the driveway into camp, greeters will provide you with your welcome packet with housing assignment and directions to designated parking lots. You can drive close to the buildings to unload luggage, but all vehicles must be parked in the designated parking areas for the rest of the week. Recreational vehicles must park in the far parking lot. At 6:15 pm, the welcome packets will be moved to a table in front of the Bishops Ranch office, near the dining hall, as everyone will be at dinner at 6:30.

**When to get to Camp:** Camp registration will open at 5:00 p.m. on Sunday, August 20. Other groups are using The Bishop's Ranch earlier that day. The housekeeping staff will be working hard to get everything ready for us, and it is important that we stay out of their way. We *cannot accommodate early arrivals* (unless you are on the list of workers approved to arrive earlier for set up). **You WILL be turned away if you attempt to arrive before 5 PM.** Dinner will be served at 6:30, followed by staff introductions and a dance.

### Accommodations:

- All rooms have private or semi-private bathrooms. Towels and bed linens are provided. Closet space is limited, so you may wish to bring an over-the-door hanger.
- There are bathrooms and showers for tents adjoining St. John's Meeting House. We plan to provide a large communal tent for changing and for storing clothing and gear, which will be close to the bathrooms.
- We will provide fragrance-free soap, shampoo, conditioner, and body lotion. We ask all campers to use these or their own fragrance-free products, and to refrain from using any scented products.
- There are refrigerators and coffee makers in the common areas of the residential buildings. Campers staying in the St. Stephen's Youth Village or in tents may use the refrigerator / coffee maker in St. John's Meeting House.
- We expect variable temperatures, with hot days and cool evenings and mornings. Bring plenty of clothing for a range of temperatures, as there are no laundry facilities at The Bishop's Ranch. In an emergency, laundry facilities are available nearby in Healdsburg.

**Telephone, Internet and Mail:** Every meeting space has a telephone to reach Ranch staff and for local calls. You can make long distance calls on these phones using a calling card. We expect cell phones to work everywhere at camp. For emergencies, the phone number for the office is 707-433-2440. Voicemail instructs callers how to connect with the host-on-duty.

## Hey Days BACDS English Dance and Music Week 2017

The Ranch has free, open wifi. The signal is good along the top of the hill (Ranch House, Webb Lodge, Dining Hall, Pavilion), but poor at the bottom of the hill (Harrison House, St. Stephen's Youth Village, St. John's Meeting House). We may encounter wifi connectivity issues if too many people are logging on at the same time. If this happens, let the office know.

We recognize that many of us need to stay in touch with the outside world, but please be courteous to your fellow campers. Using your cell phone and/or computer in your own room is preferable; if for some reason that isn't practical, please do your best to limit the impact of your calling and computer use on other campers.

The Bishop's Ranch takes mail to the post office daily after 3 pm; place outgoing mail in the basket in the Ranch office. We will distribute mail for campers at dinner. Mail can be sent to you at: *Your name, BACDS, The Bishop's Ranch, 5297 Westside Road, Healdsburg, CA 95448.*

**Copies:** Staff can make free copies of items needed for their classes at the Hey Days bookstore (in the Ranch House sunroom). Other campers can make copies on the machines in the Bishops Ranch office, but you will need to pay for your copies when you make them.

**Leaving Camp:** Camp ends immediately after breakfast on Sunday, August 27. The work-trade scholarship campers and committee members will stay on to pack up camp, leaving by noon. You can best help the work-trade crew and committee by leaving promptly after breakfast. **Please read and follow posted instructions on how to leave your rooms.**

**Camp Auction:** Live and silent fundraising auctions will feature cool stuff provided by YOU! Bring your donations to the long table outside the bookstore (in the Ranch House sunroom) early in the week, the earlier the better. You'll need to fill out a donation slip for non-clothing items (including services). Clothing will be sold in a "clothing barn" with items at set prices. Bring clothes you wish to donate to the bookstore, make sure Allen and Alisa Dodson, our bookstore/auction managers, know they're yours, and they'll do the rest. Some very special clothing items may be separated out to be sold at the live auction, at the managers' discretion. We also encourage creative ideas for camp fund-raising events, but please talk to Allen and Alisa EARLY in the week about your ideas, so that sign-ups for such events can be completed by the end of the silent auction.

**Body Work:** This year we will expand the hours of massage services by welcoming back both Gary Thomas, our long time massage therapist who was unavailable last year, and Peter Alan, who filled in for Gary last year. Gary and Peter are both certified massage practitioners, CMP. Body work will be offered in the library of the Ranch House throughout the week at very reasonable rates. Sessions will be done on a table or chair using unscented products. Sign-up sheets will be available on Monday at camp.

**Classes:** A class schedule is on the Program page of our website, <http://www.bacds.org/camps/eweek2017/program/schedule.shtml>. We also include a graphic class schedule in this packet, with a listing of parties and special events. Keep the schedule with you so you know what's going on! In addition to terrific ECD workshops, we have a lot of other great classes, and we encourage you to explore something new, whether it be medieval mystery drama, Molly dance, playing music, singing sea chanties, or learning to call dances.

### Updated Class Descriptions

Since we've had a few changes in staffing and classes since sending out the April packet, here is the full lineup for Hey Days 2017.

#### Period 1

**ECD: *Of Emperors and Elephants (The Reconstructions of Andrew Shaw)***

For EXPERIENCED and ACCOMPLISHED dancers. Kalia Kliban with Figments (Anna Patton, David Knight, and Owen Morrison). Celebrate the release of Andrew Shaw's newest volume of

dance reconstructions (Elephants Stairs) by enjoying a selection of the more challenging dances from this and his previous volumes. This session is intended to be challenging for intermediate and experienced dancers. You'll need to have a strong sense of personal orientation and the ability to learn quickly and recover well. You should also be familiar and comfortable with heys for 3 and 4 in various orientations, triple minor progression, double figure 8s, fast circular heys. These figures are our starting point and will not be taught.

***ECD: Watermelon to Chocolate***

For dancers of ALL abilities. Brooke Friendly with Charlie Hancock and Jon Berger. Experience the variety of texture and mood as well as the qualities of movement and phrasing distinct to English country dances old and new: lyrical to boisterous, silly to sublime. We will focus on intermediate level skill building, including interesting variations of basic figures, phrasing, dancing in different ways, learning, recovering, and helping.

***Sing out, Geek Out!***

For singers of ALL abilities. Nicole Singer. Join Nicole for a delightfully nerdy meta-session on social singing and current issues in folk song. You are welcome to bring songs for group singing (songs with choruses or refrains especially appreciated), and Nicole will lead a bunch as well. At each class, we'll pause between songs to discuss themes relating to song performance, repertoire, and the group dynamics of song communities. While instruments are welcome, this class will focus primarily on a cappella singing in the folk-roots singaround context. Notebooks and writing implements may come in handy but are not required. Come sing and geek out!

***Medieval Mystery Drama***

All experience levels welcome. Daisy Black. Take a practical look at performing one of the medieval mystery plays. Explore plays and their contexts as well as speaking medieval language. You will have a chance to write and perform your own version of a medieval mystery play.

**Period 2**

***ECD: Zesty Playford***

For dancers of ALL abilities. Andrew Swaine with Nicky McConkey, Jon Berger, Owen Morrison, and Jonathan Jensen. Dance new interpretations of dances from 1651 and the later dances from Playford and beyond, with cracking music, new rhythms, and great dances. There will be opportunity to be quite energetic if you wish. We'll take a look at the considerable additional knowledge we have gained since Cecil Sharp first tried to make sense of this from the 17th century works of John Playford around 100 years ago, roll back a load of misunderstanding and a good deal of complexity that's built up along the way, work out what made them fun then, and see how we might make better use of this amazing heritage in the dances of today. This dance class will complement the Playford Reconstruction class, however, each will be complete on its own. It is fine to take just one of them.

***ECD Callers Workshop***

Open to ALL. Brooke Friendly. Current ECD callers of any experience level, those considering a career in ECD calling, and those interested in the process are all welcome. We will spend time on a variety of different topics: working with musicians, teaching style, global terminology, social and community aspects, writing an English dance program, adapting for different audiences, setting goals and intentions, etc. Class will include discussion and opportunities to practice calling.

***Band Workshop***

For EXPERIENCED musicians. David Knight. Hone your skills of English Country dance musicianship, exploring how to craft inspiring, danceable music as an ensemble. We will work in small bands to prepare music for campers' night with an emphasis on the big picture of arranging on the fly. We'll explore how to shape the energy of music over the course of a dance using dynamic range, rhythmic emphasis, and different textures and layers of instruments, and

practice listening to other musicians and communicating to our bandmates through our playing. This class assumes you can play at dance tempo on your instrument and either read music or play confidently by ear. Prerequisite: at a minimum you should be familiar enough with your instrument(s) that you can play scales of up to 3 flats and sharps, and you must be able to read music and/or be able to pick up complete melodies by ear.

### **Period 3**

#### ***Molly Dance***

Open to ALL. Daisy Black with Andrew Swaine, Charlie Hancock, and Nicky McConkey. Molly dancing is an ancient tradition from the depths of East Anglia, practised by the ploughboys during the winter months in the Fenland villages. Gog Magog Molly was formed in 1996 and is based out of Cambridge. The original dances were the inspiration for their repertoire, which went on to include their own dances (of increasingly fiendish complexity!). Gogs are easily spotted by their colourful attire and carefully un-coordinating faces.

#### ***ECD: Strengthening Your Core***

For dancers of ALL abilities. Kalia Kliban with Jonathan Jensen and Jon Berger. Get comfortable with the basic, core figures and formations that make up our ECD repertoire. Strengthen your core as we work on connection, timing, spatial awareness, and the other delicate arts of fine partnering and dancing. This is an opportunity for newer dancers to build skills and for more experienced dancers to build finesse in a relaxed, fun environment.

#### ***Ear Training for Everyone***

For instrumentalists and singers of ALL levels. Anna Patton. For instrumentalists, singers, and curious listeners; a class to sharpen the musical ears. We'll practice aural detective work: the most basic skill behind harmonizing, improvising, composing, and finding chord progressions. The class will be taught entirely by ear, through singing, playing, and listening to recordings. It will incorporate an intuitive, applicable approach to basic music theory. We will practice hearing and reproducing intervals, chords, bass lines, and rhythmic nuances. We'll investigate country dance tunes and other popular and folk idioms - whatever intrigues us, and we'll dabble in the art of stealing musical ideas for our own compositions and improvisations.

#### ***Sea Songs***

For singers of ALL abilities. Nicole Singer. Sing maritime worksongs or chanteys, with an additional sampling of foc'sle songs and other maritime music: songs of maritime trades, longshore work, inland waterways, and songs that traveled between genres and eventually onto boats. We will learn about where the songs come from, which chanteys are used for different shipboard tasks, and which parts of the ship we're singing about. We will also discuss some of the issues - and adventures - that shape historic and modern chantey-singing contexts...and of course, we'll sing a lot! There will be lots of opportunities for you to lead songs if you wish.

### **Period 4**

#### ***ECD: The Dances of Pat Shaw***

For dancers of ALL abilities. Brooke Friendly with Charlie Hancock, Anna Patton, and David Knight. Pat Shaw, 1917-1977, was a man of many talents. An amazing choreographer, he wrote more than 140 dances in a variety of styles and levels of complexity. He wrote tunes and songs, and played many instruments. He was the first person after Cecil Sharp to study Playford's original wording and offer his own interpretations of dances from the 17th, 18th and early 19th century as well as traditional English dances collected in the early 20th century. We will concentrate on Shaw's dance compositions, from relatively simple to more complex, and explore a few of his reconstructions.

#### ***Playford Reconstruction***

Open to ALL. Andrew Swaine with Nicky McConkey. What do we know about the first

publication of English Country Dances; what's our best guess on how they were danced, and why? We'll also look at non-Playford early ECD: dances from manuscripts of English Country Dances dating from the time of John Playford's publications. As well as giving some new dances, these give us insights into how these dances were danced, including alternative descriptions to many of the same dances. Many of Cecil Sharp's interpretations of Playford dances are well established and are arguably a legitimate tradition in their own right – but don't stand up to scrutiny. Knowing what we know now, how might we re-interpret these dances? The reconstruction class will complement the Zesty Playford dance class, however, each will be complete on its own. It is fine to take just one of them.

### ***Playford Jam***

For musicians of ALL levels. Owen Morrison. Play dance tunes from the 17th and 18th centuries, while getting ideas for harmonies, rhythmic motifs and accompaniment tools (for all instruments). This will be a mix of slow jam and up to speed playing, some by ear and some with music.

### ***Medieval Mystery Drama***

All experience levels welcome. Daisy Black. Take a practical look at performing one of the medieval mystery plays. Explore plays and their contexts as well as speaking medieval language. You will have a chance to write and perform your own version of a medieval mystery play.

## **Class 5**

### ***Disorganized Sports***

Open to ALL. Kalia Kliban. Come out and play! Each day we'll have a different set of games and activities. Some indoors, some outdoors, and perhaps even in the pool! Opportunities for throwing things, relays, strategy, chair games, word and visual games, and the unclassifiable, such as potato dangling, ghost, cracker whistling, and bite the bag. Bring your willingness to get silly! The energy level will vary day by day, and you're welcome to drop in and out as needed.

### ***Dance Grab Bag***

All experience levels welcome. A variety of staff and campers. A wide range of choices through the week--something different every day!

### ***Music and More Grab Bag***

All experience levels welcome. A variety of staff and campers. A wide range of choices through the week--something different every day!

## Contact Information

Registration or cancellation questions. **Contact Cat Fox, 650-703-2544, or [bacdsheydaysreg@gmail.com](mailto:bacdsheydaysreg@gmail.com).** While we hope this won't happen, if you find you must cancel, please notify Cat as soon as possible, since cancellation may allow someone from our waitlist to come to camp. *Your cancellation is not confirmed until Cat has spoken with you or replied to your email.* If you cancel by Aug 18, \$300 of your fee is non-refundable: After Aug 18, there are no refunds.

**Rides to and from camp/hospitality before and after camp.** We are unable to arrange rides and hospitality for campers other than staff, but we have set up an electronic mailing list to help campers link up for car-pooling, shared car rentals and pre- and post-camp hospitality. All campers have been placed on the mailing list. In addition, we sent all campers a preliminary roster of names and email addresses to give you ideas of who might be able to offer a ride or might need a ride. If you have some room in your house or your car, please help out your fellow campers. You can remove yourself from the list either by following the directions included in the sign-up notification email or by contacting our Rides Coordinator, Alan Winston, [winston@slac.stanford.edu](mailto:winston@slac.stanford.edu) or (650) 365-2913.

**Program questions.** Contact Brooke Friendly at [brookefriendlydance@gmail.com](mailto:brookefriendlydance@gmail.com) or (541) 778-3109.

**Work-Scholarships.** Rosemary Murphree can answer questions about scholarship worker duties. Contact her at [waltzer@sonic.net](mailto:waltzer@sonic.net) or (510) 926-0052.

**Anything else.** Contact our camp manager, Tom Colton at [colton@berkeley.edu](mailto:colton@berkeley.edu) or (510) 847-5771.

## Local Dances Before and After Camp

### Friday, Aug 18, 2017 – 7:30 pm

Palo Alto English Dance (BACDS)  
Alan Winston, Nonesuch Country Dance Players  
(Daniel Soussan, Mark Daly, Mary Tabor) with  
Debra Tayleur & friend  
Palo Alto Masonic Temple, 461 Florence Street,  
Palo Alto [www.bacds.org](http://www.bacds.org)

### Sunday, August 20, 2017 – 2:00 pm

Sebastopol English Dance (NBCDS)  
Andrew Swaine, Gary Thomas, Maurette Foster,  
Nicky McConkey  
Wischemann Hall, 465 Morris St., Sebastopol  
[www.nbcds.org](http://www.nbcds.org)

### Saturday, August 19, 2017 – 7:30 pm

Berkeley Exper. English Dance (BACDS)  
Andrew Swaine, Charlie Hancock, Jonathan Jensen,  
Nicky McConkey  
Christ Church Berkeley, 2138 Cedar St, Berkeley  
[www.bacds.org](http://www.bacds.org)

### Sunday, August 27, 2017 – 2:00 pm

Sebastopol English Dance (NBCDS)  
Brooke Friendly, Jonathan Jensen, Jon Berger,  
Maurette Foster  
Wischemann Hall, 465 Morris St., Sebastopol  
[www.nbcds.org](http://www.nbcds.org)

## Campers' Night

Our goal for Campers' Night is a program that will be fun and successful for everyone: dancers, musicians, and callers. As a camper caller, you should do a dance with which you are very familiar and which is straightforward, accessible and/or familiar. It is best to pick familiar/accessible tunes from the red or blue volumes of Barnes for our camper musicians to play. It's not a time for you to test or showcase a brand new dance or tune! We want everyone to relax and have fun!

If you want to call a dance on Campers' Night, please choose at least three dances and come to camp ready to indicate which they are. Include a mix of longways and set dances. Be prepared to indicate set formation, primary figures in the dance, the meter, the key, an idea of the difficulty, and an idea of the overall style (slow and lyrical, boisterous...). Our Campers' Night caller coordinator, Bridget Whitehead, will gather that information by Monday lunch and put together the program. Normally each caller will teach one dance from their list.

David Knight will teach the band class and organize the camper bands. He will review all the proposed tunes and let Bridget know if any of them are not accessible for the camper musicians. If one of your dances has a tune not in Barnes, bring at least 12 copies of the tune to camp.

The program for the Campers' Night dance will be set by Tuesday morning so the musicians have time to form bands, learn and practice tunes and get coaching during the band workshop.

If anyone would like to lead a song during the 7:45-8:00 pm time prior to the dance or at the end of the dance, let Brooke know. There are no planned activities scheduled after the camper dance. That is up to you as campers to make happen if you want to. Again, coordinate with Brooke if you are interested.

## CHECKLIST OF SUGGESTED ITEMS TO BRING TO CAMP

There will be a first-aid kit at camp. Please bring enough of any personal medications to last you a week. You can store your own ice pack in one of the camper fridge freezers.

- Flashlight & extra batteries; walkways are lit at night, but flashlights may be handy
- Extra hangers, closet door hanging racks
- Alarm clock
- Hair dryer
- Pens & notebooks for class notes
- Recording device & accoutrements
- Musical instruments
- Music stand and music books
- Dance cards
- Sturdy shoes if you plan to hike. The Bishop's Ranch has some good trails.
- Country dance shoes
- Cool skirts, T-shirts, shorts, jeans for daytime wear
- Longer dresses and long pants for evening dances
- A jacket or sweater (it can be quite chilly at night and in the morning)
- Festive clothes (optional) to wear for the final Friday night dance party
- Fragrance-free** body-care products: See the April Camper Packet or the Hey Days website for details
- Swimsuit and pool towel; pool toys
- Sun hat, fragrance-free sunscreen
- Libations of choice, including your own brand of coffee to make in living area kitchens if desired
- Refillable water bottles, so we can cut down on paper cups and dishwashing
- Hand fan, cooling neckerchief, personal misting fan for staying cool (note that each bedroom has a fan and the main dance pavilion is air-conditioned)
- Auction items
- Good old-fashioned cash or check book for bookstore and auction purchases.

*We don't accept credit/debit cards*



## Parties and Special Events

**Tour of Camp** – For campers new to Bishop’s Ranch, Phyllis Ferguson will meet you Sunday at 6 PM at the porch of the refectory (dining hall) for an orientation & short tour of the grounds.

**Ice Cream Social** - We’ll get the week off to a good start with ice cream and socializing after the first evening dance on Sunday.

**Solar Eclipse** - Monday morning starting around 9:00 am during first period class, the solar eclipse will begin. It will be at its maximum around 10:15-10:20 am. While morning classes will go on as usual for our first morning of camp, we will have some viewing glasses available (and feel free to bring your own or several to share). Staff knows that some of you may be distracted and taking a peek outside in between dances or songs.

**Pool Party** - Monday afternoon, come on down for a relaxing Pool Party with snacks, general merriment, and a refreshing swim.

**Auction** - The live auction is on Wednesday afternoon! Start brainstorming now for handmade items, goofy prizes, and creative services you might offer.

**Ceilidh Dance** - Wednesday night the regular dance will end early and we will continue late into the night with a ceilidh dance! Camper musicians (especially those with loud instruments) are welcome to join the band.

**Campers’ Night** - Thursday night is the chance for our camper musicians and callers to take the stage. Join a camper band (with David Knight wrangling the camper bands from his class) or call one of your favorite dances (with Bridget Whitehead organizing the callers) for all your friends. You won't find a friendlier crowd.

**Heptathlon** – To celebrate our 7th year at Bishops Ranch, on Friday we'll have the first-ever Hey Days Heptathlon, a 7-event disorganized sports spectacular that will begin in the dance hall, travel across the lawn and end down by the pool. Each event will involve differing numbers of participants, wildly differing levels of physical activity (from almost none to quite a bit) and opportunities to use your strategic, cheering and laughing abilities. The camp will be divided into teams, but participation in the active portion of the heptathlon is not obligatory. We do hope you'll join in by cheering your team, even if you choose not to be active on the field. The winning team gets to be first in line for dinner on Friday! Prizes! Goofiness! Rubber duckies!

**Waltz Auction** - Sign up to share a waltz or two with your favorite partners on Saturday afternoon. Each time slot will have a particular style of music and a limited number of couples on the floor. The money we raise helps support Hey Days.

**Chocolate Party** – Fine tune your taste buds to locate your optimal cacao percentage and origin on the lovely terrace outside the Swing Pavilion during the waltz auction on Saturday.

*Sometimes the best parties are those organized by campers. We’ve left time in the schedule for spontaneous activities. If you get inspired to host a party or organize an activity, go for it! If you need help to make something happen, talk to fellow campers, or ask a Committee member, we may be able to help or put you in touch with someone who can.*

And watch the white boards outside the Swing Pavilion (dance hall) refectory (dining hall), and Ranch House for updates on additions, changes and other special daily offerings!

Hey Days BACDS English Dance and Music Week 2017

Hey Days 2017 Daily Schedule

Time	Swing Pavilion	Ranch House	St. John's	Chapel*	Harrison	Webb Lodge
8:00-8:45	Breakfast					
9:00-10:15	Class 1	ECD: Watermelon to Chocolate Brooke Charlie Jon	open for jamming/practicing	Sing Out, Geek Out! Nicole	open	open
10:30-11:45	Class 2	ECD: Zesty Playford Andrew Jonathan Nicky & Jon Owen	Band Workshop David		open	open
12:00-12:30		Gathering Nicole				
12:30	Lunch	store open 1:15-2:00				
1:45-2:45	Class 3	Molly Dance Daisy Andrew Charlie Nicky	Ear Training Anna	Sea Songs Nicole	open	open
3:00- 4:00	Class 4	ECD: Pat Shaw Dances Brooke Charlie David Anna	Playford Jam Owen	Medieval Mystery Drama Daisy	open	open
4:15-5:15	Class 5	Grab Bag (dance)	Grab Bag (music)	Grab Bag (song)	Disorganized Sports	Disorganized Sports
except Friday		Grab Bag sessions will be led by staff and campers and will vary each day; check the daily schedule! Disorganized Sports may occasionally be in Swing or Ranch; check the daily schedule!			Kalia	open
5:15 - 6:30	Free time	store open 5:15 - 6:15				
6:30	Dinner					
7:45 - 8:00	Community Singing w/ Nicole (all but first night)					
8:00 - 10:30	Evening Dance					
10:30	Snacks, Afterparty					

\* Daily Prayer, 7:30am and 6:00pm